



June 24

www.stedmundsburylifesavers.org.uk

Issue; 49

Branch Competition



We welcomed members from Ipswich and Sudbury lifesaving clubs to Bury on Sunday 28th April for a branch fun competition. The idea was to bring members from across Suffolk clubs to enjoy some fun competitions, as well as some elements that are part of the national competition. Teams were mixed up to take on a number of events including a 'Team incident rescue' and, a new one on me, 'Dress the dummy'.

The idea came from Megan at Ipswich Lifesaving club and a representative on the branch committee and with help from Ali, Rhona and Sue from Ipswich, and the usual gang from Bury, and of course Rob doing the scores, the teams had two hours of games. It was great to see over 50 lifesavers and some 40 supporters; the pool was packed.

Well done to all the competitors and we look forward to doing it again.



Club AGM

We held our annual meeting on Sunday 2nd June in a short affair but important as part of our constitution.

Nigel as Vice-Chairman led the meeting to update members on our key achievements and financial position over the last 12 months. We also voted the committee back on for another year with one exception, Neve had stood down as joint club captain.

The highlight is always the award presentations! These are awarded by trainers for members' efforts throughout the year, with this year's winners:

Rookie – Isla Abrey

Academy – Rhys Tanner

Presented by Jodie and Neil respectively



Club Camp 24 – We are all looking forward to this year's camp and hopefully the arrival of summer weather! Don't forget if you're not camping feel free to come up for the day. On Saturday we hope everyone (yes parents that means you so don't forget those swimmers!) will join in Olympic Lifesaving (not too strenuous honest). Then on Sunday our Pairs competition with the winners being crowned this year's winners of the Bob Myles Open Water Challenge Cup. ***See you there!***

On the 9th June, a handful of club members joined Ipswich at Sudbury LSC in the Kingfisher pool for some competition training. They had a go at First-aid and water initiatives, rope throws and the swim tow. The aim was to see who might be interested in entering the Branch heats of the national competition. This year that will be on the 29th Sept at Ipswich High School 10am-1pm. ***See George or Richard if you are interested!***



Events/ Diary Dates;

Club Camp 24 – Hemsby 5th to 7th July

Last night of term – Sunday 14th July

Open water training – Felixstowe – watch out for the email confirming the date!

New term starts back. - Sunday 8th September 5pm